



# **SPIRITUAL PRACTICE**

**Imaginative Prayer**

One of the gifts God has given us is our imagination. The Bible is filled with stories that were real. Stories with real people who had real emotions and responses. Through Imaginative Prayer, we can enter into those stories, allowing our imaginations to paint a picture that brings the Bible to life in a new way. This practice can be such a wonderful way to hear from God and see new things in Scripture.

## **Choose the Scripture narrative you'll pray through today.**

Find a comfortable spot to read through the text. Take a moment to be still before God, inviting Him to speak to you through His Word.

As you listen to this text for the first time, close your eyes and allow the scene to come to life in your mind. Allow yourself to create a picture in your mind of what it would have looked like.

What do you see?

What do you smell?

What do you hear?

**Read through the text you've chosen thinking of those questions.  
Let it come to life in your imagination.**

Take some time to visualize what the scene was like as if you were the first hearers of them. Don't worry about historical accuracy. Just allow God to bring the story to life. The people we read about in Scripture were real people who walked the earth and had feelings and thoughts much like ours.

As you read a second time, begin to imagine the scene as if you were right in the middle of it. You're not just an observer anymore, but a participant in the story.

Who are you in the story?

What do you see?

What do you hear?

What do you smell?

What's your position?

Who else is there with you?

What are you feeling?

What's the mood of the crowd?

What questions do you have?

What fears do you have?

**Read through the text a second time,  
considering the questions above.**

What is your response to all you experience?

What are you noticing from your response?

What are His invitations from this story for you today?

**Write a prayer in response to God.**