

## GROUP GUIDE

# ROOTED WEEK 1 | WHAT IS A LIFE GROUP?

### WELCOME & INTRODUCTIONS (15 MINUTES)

Welcome to week 1! As you begin your time together, welcome group members and thank them for taking this step of faith. Go around the room (leaders share first) and have everyone say their name, how long they've been at The Creek, and an answer to one of the icebreaker questions below.

Icebreaker Questions (choose one for everyone to answer):

- What is one thing you would like people to know about you?
- If you could eat one food for the rest of your life, what would it be and why?
- If someone made a soundtrack for your life, what is one song you would want featured on the playlist?

### TRANSITION TO DISCUSSION (15 MINUTES).

- As we begin, we are all encouraged to come to group consistently, expectantly, and vulnerably. Which of these do you think will be most challenging for you and why?
- What are you most looking forward to in joining a life group?

### OVERVIEW: WHAT IS A LIFE GROUP? (45 minutes)

Share with your group the purpose of life groups and how Rooted helps lay the foundation for your group going forward.

Rooted is a group discipleship experience The Creek uses to launch people into life groups. *A life group is a community of disciples intent on loving God, loving others, and making disciples in order to connect people to Jesus.* As you journey together these next 11 weeks, you'll be laying the foundation for your life group.

- **Share what life groups do!** (*If you've previously been a part of a life group, feel free to share from your own experience*)
  - Gather weekly in one another's homes
  - Spend time in scripture, prayer, and sermon discussion
  - Pursue lives of abiding in Christ that reflect the fruit of the Spirit
  - Serve in the community
  - Care for one another and pray for one another.
  - Share meals and have fun!
- **Rooted Materials & Experiences**
  - **Rooted Companion Guide** - Walk through pages 3-5
    - Schedule, Explanation of materials, Weekly Overviews, Reflection questions for each week
  - **Rooted Workbook**
    - Readings and Daily Devotionals - most will be in the workbook, but in later weeks, more content will be found in the Companion Guide.



- **Experiences (briefly explain each rhythm/experience):**
  - Daily Devotionals and weekly verse memorization
  - Weekly discussion- for next week, start on week 2- Who is God?
  - Share Your Story - guide on page 9 in Companion Journal
  - Prayer Experience- planning details to come
  - Serve Experience- see cards with info in leader basket (pass these out and share with group members)
  - Partnership Class- Tuesday, April 14 & Sunday, April 19
  - Celebration- Saturday, May 2 4:30-7:30pm

### **DISCUSS GROUP LOGISTICS (5 minutes)**

- Pick up children promptly at end of group.
- Reminder how you will communicate as a group: WhatsApp, GroupMe, email, text, etc.
- Make a snack plan (use snack sign-up sheet—more than one group member can sign up for a week to share in responsibility, since some groups are larger in size)
- Remind them to begin Week 2- Who is God? devotionals for next week's discussion.
  - Overview in Rooted Companion Guide page 11

### **ANSWER QUESTIONS & PRAY OVER YOUR GROUP (5 minutes)**

