Radical Minimum Standard Week 1 Reflection

Introduction

Throughout our Radical Minimum Standard series, we're seeking to orient our lives around the goal of discipleship to Jesus. One of the best ways we can pursue that goal is by looking at how Jesus interacted with His disciples through the gospels. Over the course of the next four weeks, in your weekly reflection time, you'll be invited to discover what discipleship looked like for Peter, James, John, and the rest of Christ's followers. We'll do this by looking at four distinct narratives in the gospels. Your task is to accomplish the following:

- (1) Note what characteristics you see of what it means to follow Jesus in this passage
- (2) Examine your own life to see whether those specific characteristics are evident or not
- (3) Challenge yourself to implement one characteristic of discipleship from the week's reading

Let's begin!

Week 1: Read John 1:19-51

(1) Put yourself in this narrative. Envision yourself there, at first a disciple of John, but called to be a disciple of Jesus. What specific things do you notice in this text about being a disciple of Christ? What things would you have to do, practically? What practical invitations does Christ call these disciples to? List out every one you see in the space below.

(2) As mentioned in the introduction, take a few moments to examine your own life to see whether any of the specific characteristics you listed out are evident in your own life. Where is there similarity? Where is there dissimilarity? Note any observations in the space below.



(3) Now, take all your noticings from the first two questions and prayerfully discern one way to align your discipleship to Jesus with something you observed in the text. How are you going to implement that aspect of discipleship this week? Explain in the space below.

Conclusion

Hopefully, you find this brief exercise a helpful integrating force in your life – bringing together how Jesus and His discipleships related to one another and your very own life.

As you wrap up your time, take any final resonances or thoughts or feelings stemming from this experience and pray them back to God. What do you want to say to Him from this time in His Word? What wrestlings or challenges or hesitations about discipleship do you want to express to Him? Where do you need His help? Go to Him in prayer.

Finally, if you are in a life group, allow this to be forewarning that you will be asked to share some of your thoughts and observations with your life group. Perhaps ask yourself, "From this experience, what would be important to share with my life group?" Be prepared to explain what you saw in the text about discipleship to Jesus and its application to your own discipleship to Christ!