



Teach Us to Pray – Hannah ‘s Prayer

June 22 | Weekly Devotionals

Introduction

When the disciples asked Jesus, “Lord, teach us to pray,” they were seeking to emulate the words of our greatest Teacher and find a deeper connection with God the Father. Today, we’re asking the same. In this six-week series, we’ll echo that ancient request and allow God Himself to be our guide. Teach Us to Pray explores six powerful prayers from the Old Testament - prayers from real people in real need. Their cries for help varied from forgiveness to healing to blessing to deliverance, but each of them reveals a rich, honest, and dynamic connectivity to God. Together, we’ll learn not only how to pray, but how to live in ongoing, transformative relationship with the One who hears.

To that end, we are going to look at several Old Testament examples of prayer. This week, we will spend time with Hannah, a heartbroken woman with a bold request.

Read 1 Samuel 1.

Reflection questions:

- Read 1 Samuel 1:9-16 again. As you do, try to imagine the scene. What must Hannah’s praying have looked like for Eli to assume she was drunk?
- Have you ever prayed for anything with that kind of fervency?
- Read 1 Samuel 1:17-18. How does Hannah’s attitude change, even before her prayer is answered? What might that teach us about the effect of pouring out our hearts to God like Hannah?
- Is there something you are desperate for the Lord to do in your life or in the life of someone you know? Sometimes we are afraid to ask for something big and specific. What is the big, specific thing you would ask for in that situation?

Spend time in prayer.



You may or may not be as overwhelmed with anguish as Hannah was, but spend some time taking your pain and the desires of your heart before your Father in heaven. If possible, find a quiet, private place where you can feel free to bring your honest emotions to God.