



(~90 minutes needed)

[In this series, we'll be taking an intentional dive into some of the most important questions we can ask as human beings. They have to do with God, our existence, meaning, purpose, suffering, salvation, and more. For your group discussion to flourish, it is paramount that everyone in your life group access the content ahead of time, think through the reflection questions, and consider some of the resources sent out each week. The discussion guides allow time for each person to reflect on the questions, but conversation will go best if people do most of their thinking beforehand.]

Begin with silence and prayer (1-3 minutes)

As you begin your gathering, spend a minute or two together in prayerful silence. Then, after a few moments of quiet centering, have a specified person in the group pray for your time together.

Read this overview (1 minute)

This week, we're reflecting on the question: "Isn't science enough?"

A question like this is important to consider because so many people today struggle with having faith at all. "Doesn't science explain everything?" they might ask. As science makes more and more discoveries, it can sometimes seem like religion is always retreating, standing with its back against the wall.

But both science and religion have their place. And they actually work together. We don't have to choose between the two.

We want to wrestle this week with the question, "Isn't science enough?" You may have an answer already in your mind. And it may scare you. That's okay. Know that your questions are welcome. Your doubts are okay. God is not surprised by your questions. He invites them.

That's part of what this series is all about.

Personal reflection (10-15 minutes)

Give everyone about 10-15 minutes to sit with God and reflect on the question "Isn't science enough?" Actually have people write out their thoughts on the questions below. *You'll want to have some pens and paper ready for people to jot down any thoughts that they have.*

Have people reflect on the following questions:

- What are your thoughts about the question "Isn't science enough?" How does thinking about that question make you feel?
- Have you wrestled with that question before? When? What was your conclusion?
- How would you answer that question if someone asked you?
- How does your answer to that question impact your everyday living?

Debrief these questions in triads (30 minutes)

Split your group into smaller triads to share their thoughts on the questions above.

Once the personal reflection time is completed, have everyone come back into a large group to share about their triad discussion, to read Scripture, and to debrief the sermon.

Gather as a large group for discussion (30 minutes)

Once you have debriefed your personal reflection time, spend time in the Scripture below as well as debriefing the sermon from this weekend. *There are lots of questions here, so feel free to pick a couple as you see fit to guide the discussion.*

- What were some things from your smaller group discussions that stood out?

(Go around the group and have each person share one thing that stood out to them from their smaller group discussions. Feel free to ask follow-up questions to people's responses.)

- How did the sermon this past weekend deepen your faith? How did it challenge you? What new insights did it bring?
- **Read Psalm 19:1 and Psalm 111:2.** What aspects of creation really make you feel awe and wonder at the majesty of God?
- What do you think the relationship between faith and science should be? How was that relationship modeled for you growing up?
- In your experience, how are faith and science, respectively, viewed by our culture? Are they viewed similarly? Differently? If similarly, why do you say that? If differently, why do you think that is?
- What good things does science bring to our world? What good things does religion bring to our world? What good things has each of these brought to you personally?
- What does religion provide that science cannot (think morality, purpose, meaning, etc.)?
- What new questions did this message or topic raise for you?
- What is one key takeaway from tonight's conversation that you need to do or think more about?

Finish with prayer (10 minutes)

Like each week, finish your group session with prayer. You might designate someone in your group to write down everyone's prayer requests and then send them to the whole group for everyone to be praying about through the week.

- What is on your heart that you need prayer for?
- Who in your life needs prayer?

Have someone close your time together by interceding for the requests that were shared.