

In the Flesh - John 6
January 28 | Group Discussion Guide

## Begin with an icebreaker, a Scripture reading, and prayer (10 minutes).

Begin your time together by sharing your highs and lows from the past week.

Next, have someone read John 6.

After reading, have someone pray for your group time together.

## Discuss the Scripture and the sermon as a group (25 minutes).

Take a few moments to reflect on the following questions:

- Reflect on and share instances in your life where you witnessed the provision and abundance of God, similar to the feeding of the five thousand.
- What are some common ways that people try to find life other than Jesus? Where are you most tempted to go to find life outside of Jesus?
- **Read John 6:27.** How have you seen your answer to question 2 be "food that spoils" instead of "food that endures to eternal life." What has this looked like in your own life?
- How do you personally relate to the concept of Jesus being the "Bread of Life" and the idea of finding eternal life in him? How does that impact your everyday life?
- Reflect on the fact that you are brought into the life of the age to come through Jesus'
  death. What one word would you use to describe how that makes you feel? Explain.
  What would it look like to carry that feeling with you into the rest of your week?
- How can you share Jesus as the Bread of Life with your kids, co-workers, or neighbors this week?

## Break into gendered small groups for accountability, encouragement, and prayer (30 minutes).

• How is your prayer life? Are you prayerful? Are you enjoying prayer? Explain.

- How have the Scriptures been living in you lately?
- How have you been doing loving the people in your life this week? Spouse? Kids? Coworkers? Have you been unloving in any way?
- When did you last speak to someone else about your faith?
- Is Christ real to you?
- Where do you need encouragement in your faith?

As you wrap up, have each person pray for the person on their right – be sure to include in your prayer help for the things shared and God's blessing to be on that person to live into what God has for them this upcoming week.

## Finish with logistics and prayer (10 minutes).

- 2. Share any logistics that you need to with your group.
- 3. Finish your group session by sharing prayer requests and praying.